

PG Semester-III End Semester Examinations, 2021

Social Work

Course Title: Counseling: Theory and Practice

Course Code: PG/SW/304(Major Elective)

Course ID: 32854

Time: 3 Hours

Full Marks: 80

*Candidates are required to give their answers in their own words as far as practicable.
The figures in the right-hand side of the margin indicate marks.*

Answer any five from the following questions:

16X5=80

1. Define counselling and psychological counselling. Discuss the basic elements and principles of counselling. 6+10=16
2. Explain the various skills and techniques used in counselling with reference to special children. 8+8=16
3. Write a critical note on 'Counsellor as a therapeutic person'. Discuss the qualities of an effective counsellor with proper explanation. 12+4=16
4. What is meant by group counselling? Discuss psychoanalytical approach used in counselling process. 4+12=16
5. Analyse critically client centred and task centred counselling. 8+8=16
6. Describe why and how transactional analysis and cognitive behaviour therapy are used as counselling approach to change clients' behaviour. 8+8=16
7. Illustrate the application of counselling in social work practice with proper examples. 16
8. Write short notes on any two of the following topics: 8X2=16
 - a. Ethical issues in prison counselling
 - b. Grief and bereaved counselling
 - c. Paraphrasing and reflection
 - d. Crisis counselling